TIFFANY N. SMITH, MS, LPC-S, LMFT-S, NCC

1190 Parker Square, Flower Mound, Texas 75028 | 214-405-4030 | tiffany@heartyourfamily.com

EDUCATION

Texas Woman's University

Doctor of Philosophy in Marriage and Family Therapy Master of Science in Marriage and Family Therapy	2022 2006
Bachelor of Science	2000
Honors: Graduated Magna cum Laude	

LICENSURES/CERTIFICATIONS

Licensed Marriage and Family Therapist Supervisor (Texas and New Mexico) Licensed Professional Counselor Supervisor (Texas) National Certified Counselor AAMFT Approved Supervisor Trained in Animal Assisted Therapy

AWARDS Best of Flower Mound (Counselor Category) Best of Flower Mound Living (Counseling Practice) Best of Flower Mound Living (Counseling Practice) Best of Flower Mound (Child Psychologist Category) Best of Flower Mound (Child Psychologist Category) Daily Points of Light	2022 2021 2020 2018 2017 2011 – 2011
RELATED EXPERIENCE Texas Woman's University Graduate Teaching Assistant Doctoral Course: Multivariate Statistics Master's Course: Internship	2021-Present
Flower Mound Counseling, PLLC Managing Partner and Clinical Site Supervisor Develops strategies for expanding and managing private psychotherapy practice. Also, is Responsible for clinical development and supervision of all provisional licensees.	2013-Present
Tiffany Smith Counseling, Inc. President and Clinical Director Created, developed, and expanded psychotherapy practice consulting services.	2010 – Present
MD Pediatrics BEAMS Program BEAMS Program Director Developed and Trained clinicians for a Collaborative Medical Family Therapy Mental Health Program with local pediatric practice.	2017-2019
Senior Psychiatric Care Psychotherapist Provided Individual and Family Psychotherapy treatment to individuals and families in Long-Term Care Facilities	2008 – 2010
Child Protective Services CPS Specialist II Assisted families and children in Conservatorship work towards family reunification and adoption. Also provided recommendations for the children in care during the legal cases.	2007-2008
Communities in Schools- TARMAC Program Group Counselor Provided Group Counseling Services to children transitioning from the Juvenile Justice System into the LISD school program	2008
Hickory Trail Psychiatric Hospital Intake Counselor Conducted Intake and Assessments of individuals requesting psychiatric care	2007

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Family Services of Plano/Crossroads Family Services Practicum Counseling Intern Provided individual, family, and group counseling services.	2005
Texas Woman's University Counseling and Family Development Center Practicum Counseling Intern Provided individual, family, and group counseling services.	2005
PUBLICATIONS AND PROFESSIONAL PAPERS	
Virtual Family Play Therapy: A Clincians Guide to Using Directed Family Play Therapy In Telemental Health, Journal of Contemporary Family Therapy DOI: 10.1007/s10594-021-09612-7	2021
Marriage and Family Therapy: A Practice-Oriented Approach (Springer Publishing) Co-Authored Strategic Family Therapy and Multiculturalism Chapters	2010
"How Individuals Who Identify as Bisexual Disclose their Sexual Identity to Others: A Qualitative Study" Master's Thesis presented and defended at Texas Woman's University	2006
MEDIA	
How Healthy is Your Child? (North Texas Child Magazine) Interviewed as a mental health expert	2019
Child Bribery: How High are the Stakes (North Texas Child Magazine) Interviewed and quoted as a Parenting Expert	2013
<i>"Liar, Liar" (North Texas Child Magazine)</i> Interviewed and quoted as a Child Expert	2012
Flower Mound Family. Com Parenting Tip of the Week Professional Expert for the Community	2012-2019
PRESENTATIONS & TEACHING EXPERIENCE	
No Surprises ACT Continuing Education for Flower Mound Counseling	Spring 2022
Abortion Grief Education Continuing Education Provider for Rachel's Vineyard	Spring 2022
Strategic Family Therapy Guest lectureer for Texas Woman's University Family Therapy Course	Fall 2021
Multivariate Statistics Graduate Teaching Assistant for Texas Woman's University	Spring 2021
Family Therapy Internship Graduate Teaching Assistant for Texas Woman's University	Spring 2021
AAMFT Annual Conference Presenter on Animal Assisted Therapy	Accepted 2020
Building your client caseload: Marketing the TWU clinic Presenter for TWU Counseling and Family Therapy Interns	2019
When Life Doesn't Go as Planned: Infertility and Perinatal Loss Guest lecturer for Texas Woman's University Crises in the American Family Course	2018
ADHD Strategies Workshop Presenter Lewisville ISD Continuing Education	2014

For Elementary School Counselors

Where is My House? Guest Speaker at Trietch United Methodist Church Guest Community Speaker at the Flower Mound Public Library	2012 2011
Mama Madness Guest speaker at Lewisville Early Childhood Education PTA	2011
TAMFT Annual Conference Presenter regarding "A Practical Approach to Family Therapy"	2006
Practicum Course Guest Instructor at Texas Wesleyan University	2008
VOLUNTEER ORGANIZATIONS EXPERIENCE	
Cumberland Presbyterian Children's Home	
	2013-2015
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Cumberland Presbyterian Children's Home Board Member Give an Hour Volunteer Psychotherapist for Veterans and their Family Members	2013-2015 2010-Present
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