

## Confidential Counseling Intake

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Home Address: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ SS#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Sex: Male  Female

Cell Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

Ok to email newsletter? Y  N

Employer: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Highest Level of Education: \_\_\_\_\_ Spouse's \_\_\_\_\_

May we reach you: Home: Yes  No  Work: Yes  No  Cell: Yes  No  Text: Yes  No

May we send mail to you at your home address? Yes  No

Marital Status: Never Married  Married  Widowed  Separated  Divorced

If Currently Married, how long: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Children's Names: \_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

Please list any other persons living in the home: \_\_\_\_\_

Previous Marriage: Yes  No  Name of Previous Spouse: \_\_\_\_\_ Married How Long? \_\_\_\_\_

### **Health & Personal Information**

Would you describe your current physical health as: Excellent  Good  Fair  Poor

Would you describe your current diet as: Excellent  Good  Fair  Poor

How many hours do you sleep each night? \_\_\_\_\_

Do you currently have any physical problems? Yes  No  If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Please list any medical conditions or any disabilities: \_\_\_\_\_

\_\_\_\_\_

Have you or anyone in your family been diagnosed or treated for any mental illness? Yes  No  If yes, explain:

Have you ever been in counseling before? Yes  No  If yes, please provide counselor name and location, dates, and reason for counseling: \_\_\_\_\_

Please list all prescription and OTC medications currently being taken:

<u>Medication</u>	<u>Dosage</u>	<u>Physician</u>	<u>Purpose</u>

Have you ever taken illegal drugs? Yes  No

Do you drink alcoholic beverages Yes  No  How many average per day? \_\_\_\_\_ per week? \_\_\_\_\_

Are religious or spiritual issues important to you? Yes  No

How much do they influence your daily life? A great deal  A reasonable amount  Some  Very little

Do you currently attend church? Yes  No

If yes, where do you attend? \_\_\_\_\_

How did you hear about Fully Living; Michael Dawson? \_\_\_\_\_

What concerns are you seeking counseling for today? \_\_\_\_\_

How often are you troubled by these concerns? Constantly  Often  Sometimes  Not very often

**Please indicate your current level of the following symptoms or behaviors:**

	<b>Never</b>	<b>Rarely</b>	<b>Sometimes</b>	<b>Frequently</b>
Feeling angry or having outbursts:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling distant from God:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Trouble controlling worry or anxiety:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Life is hopeless:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Withdrawing from relationships:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Excessive use of alcohol or drugs:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of sexual interest:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feelings of depression:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nightmares:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Never	Rarely	Sometimes	Frequently
Afraid of specific places or things:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Excessive recurring thoughts:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Having little self-confidence:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I do not deserve to be forgiven:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obsession with certain activities:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling of stress, under too much pressure:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mood shifts:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am often physically sick:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you ever been involved in any **Traumatic situations**? If yes, please explain: \_\_\_\_\_

## Family of Origin

### Present During Childhood:

	Present Entire Childhood	Present Part of Childhood	Not Present at All	Describe Childhood Family Experience
Mother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Outstanding Home Environment
Father	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Normal Home Environment
Step Mother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Chaotic Home Environment
Step Father	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Witnessed Abuse toward others
Brother(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Experienced Abuse from others
Sister(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

### Parents' Current Marital Status:

- |   |  |
|---|--|
| <input type="checkbox"/> Married to each other      | <input type="checkbox"/> Mother involved with someone  |
| <input type="checkbox"/> Separated for ___ years    | <input type="checkbox"/> Father involved with someone  |
| <input type="checkbox"/> Divorced for ___ years     | <input type="checkbox"/> Mother deceased for ___ years |
| <input type="checkbox"/> Mother remarried ___ times | Age of client at mother's death ___                    |
| <input type="checkbox"/> Father remarried ___ times | <input type="checkbox"/> Father deceased for ___ years |
|   | Age of client at father's death ___                    |

## Emergency Contact

Who should we contact in case of an emergency?

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

**Client Signature:** \_\_\_\_\_